

March 2024 Beardsley Waterfitness Calendar						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		March 5		7	8	
		Beardsley 9 am A		Beardsley 9 am B	Beardsley 9 am C	
		12		14	15	
		Beardsley 9 am B		Beardsley 9 am C	Beardsley 9 am D	
		19		21	22	
		Beardsley 9 am C		Beardsley 9 am D	Beardsley 9 am A	
		26		28	30-Jan	
		Beardsley 9 am D		Beardsley 9 am A	Beardsley 9 am B	
A, B, C, and D refer to the exercise routine CD that will be played on that day. Please refer to our web site for information about each routine.						
https://waterfitness.scwclubs.com/						

A, B, C, and D refer to the exercise routine CD that will be played on that day. Please refer to our web site for information about each routine.

<https://waterfitness.scwclubs.com/>