

WATER FITNESS CLUB - GENERAL MEETING & LUNCHEON

TUESDAY, APRIL 19TH

Doors Open: 11:30am
RH Johnson Social Hall East
Cost: \$7.00

Checks & Menu selection must be received by April 11th

Please indicate on your check your menu choice - mail checks payable to:

SCW WATER FITNESS CLUB
13940 W. Meeker Blvd, Unit 115
P.O. Box 412
Sun City West, AZ 85375

General Meeting will begin at Noon and is open to all members.

Be sure to bring lots of singles to buy your raffle tickets! Immediately following the meeting, get ready to win raffle and drawing prizes! Always a club favorite!

ATTENDANCE DRAWING - *If you would like to donate something to go in the attendance drawing, please email us and we will coordinate getting these items. This can be anything from something you have made to your favorite candy. You can also include a note with the item telling a little about yourself. Our goal is to become a little more acquainted with each other.*

The Box Lunch is from Kneaders – Please indicate on your check your menu choice – lunch comes with whole sandwich, deli salad, cookie & chips

1 - Turkey Bacon Avocado Sandwich

Slow roasted hand pulled turkey, bacon, avocado, Kneaders' sauce, provolone cheese, lettuce, tomatoes, red onions, salt, and pepper. Served on Focaccia bread.

2 - Club Sandwich

Slow-roasted hand-pulled turkey, roast beef, ham, Kneaders sauce, provolone cheese, lettuce, tomatoes, red onions, salt, and pepper. Served on French Country Sourdough bread.

3 - Veggie Avocado Sandwich

Sliced avocado served with Kneaders sauce, provolone cheese, lettuce, tomatoes, red onions, salt & pepper. Served on Wheat bread.

4 - CROISSANT | Chicken Salad Sandwich

Grilled chicken breast, water chestnuts, celery, pecans, and green onions mixed in a sour cream vinegar sauce with lettuce. Served cold on a croissant with a side of spring greens and balsamic vinaigrette.

5 - CROISSANT | Turkey Cranberry Sandwich

Slow-roasted hand-pulled turkey, cranberry sauce, Swiss cheese, lettuce, salt, and pepper. Served on a croissant with a side of spring greens and balsamic vinaigrette.