

**WATER FITNESS CLUB
GENERAL MEETING AND LUNCHEON
TUESDAY, JANUARY 25TH**

Doors Open: 11:30am

Cost: \$5.00

RH Johnson Social Hall East

Checks must be received by January 18th

Mail checks payable to

SCW WATER FITNESS CLUB

13940 W. Meeker Blvd, Unit 115

Box 412

Sun City West, AZ 85375

General Meeting will begin at Noon and is open to all members.

LUNCH IS FROM PANERA BREAD - PLEASE INDICATE CHOICE ON YOUR CHECK:

1. **Green Goddess Cobb Salad with Chicken**
Chicken raised without antibiotics, arugula, romaine, baby kale and red leaf blend, grape tomatoes and pickled red onions tossed in freshly made Green Goddess dressing and topped with fresh avocado, Applewood-smoked bacon and cage-free hard-boiled egg.
2. **Fuji Apple Salad with Chicken**
Chicken raised without antibiotics, arugula, romaine, baby kale and red leaf blend, grape tomatoes, red onions, toasted pecan pieces, Gorgonzola and apple chips tossed in sweet white balsamic vinaigrette.
3. **Roasted Turkey & Avocado BLT**
Roasted turkey raised without antibiotics, Applewood-smoked bacon, emerald green, vine-ripened tomatoes, fresh avocado, mayo, salt, and pepper on Country Rustic Sourdough.
4. **Smokehouse BBQ Chicken Sandwich**
Smoked, pulled chicken raised without antibiotics, BBQ sauce, red onions, aged white cheddar, and frizzled onions on Classic White Miche.
5. **Tuna Salad Sandwich**
Special recipe tuna salad, emerald greens, vine-ripened tomatoes, red onions, salt and pepper on Black Pepper Foccacia. Be sure to bring lots of singles to buy your raffle tickets! Immediately following the meeting get ready to win raffle and drawing prizes! Always a club favorite!

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Remember to bring your Rec Card to scan as you enter the meeting.



New Year New Beginning